



Health Sciences North
Horizon Santé-Nord

HSN WHOLISTIC APPROACH TO ADDICTIONS HEALING

Indigenous Guided

Are you struggling with **substance use** or **addictions**?



NO WAIT LIST

Group

We are looking for participants who would be interested in joining group therapy using **Indigenous wholistic approaches to addictions care**.

Wholistic Perspective

Treating the whole self by targeting mental, emotional, physical and spiritual.

Schedule Intake

For more information or to schedule an intake call 705-675-4732 ext. 4524



Health Sciences North
Espanola Mental Health and Addictions Clinic
407 Centre Street
Espanola, ON
P5E 1J5



Contact Us
705-675-4732
Ext. 4524



Health Sciences North
Horizon Santé-Nord

HSN WHOLISTIC APPROACH TO MENTAL HEALTH

Indigenous Guided

Are you struggling with **low mood** or **anxiety**?



▶ Group

We are looking for participants who would be interested in joining group therapy using **Indigenous wholistic approaches to Mental Health**.

▶ Wholistic Perspective

Treating the whole self by targeting mental, emotional, physical and spiritual.

▶ More information

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